

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 01/28/2013
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145928	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 09/11/2012
NAME OF PROVIDER OR SUPPLIER NORTH CHURCH NURSING & REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 1021 NORTH CHURCH STREET JACKSONVILLE, IL 62650		
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F9999	<p>FINAL OBSERVATIONS</p> <p>LICENSURE VIOLATIONS</p> <p>300.1210a) 300.1210b) 300.1210d)2) 300.3240a)</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each</p>	F9999			

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F9999	<p>Continued From page 13</p> <p>resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (A, B) (Section 2-107 of the Act)</p> <p>These requirements were not met as evidenced by:</p> <p>Based on interviews, observations and record review, the facility failed to provide double portions and supplements as ordered for 2 residents (R2 and R3) reviewed for weight loss on a sample of 4. This failure contributed to a significant unplanned weight loss of 11.6% (20 pounds) in 6 months for R3.</p> <p>Findings include:</p> <p>1. According to the Minimum Data Set (MDS) dated 8/24/12, R3 has short/long term memory deficits with severe cognitive impairment and requires minimal assist of staff for eating. The MDS identifies a significant unplanned weight loss of 10% or more within the last 6 months. The weight record for 2012 documents a gradual</p>	F9999			

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F9999	<p>Continued From page 14</p> <p>weight loss for R3 from 156 pounds in January 2012 to 137 pounds in August. The current physician's orders (POS) for September documents R3 is to get a mechanical soft regular diet with double portions at mealtime, 1/2 meat sandwich, 2 Cal 120 ml (nutritional supplement) three times daily and food served in separate bowls.</p> <p>On 9/7/12 at 10:10am, R3 was sitting in his wheelchair in the lobby area of the facility. He was dosing in the chair. He appeared very thin with his clothes being large on him. At 12:57pm, R3 received single portion lunch meal in separate dark green bowls which consisted of slightly more than a 1/2 bowl of meatloaf, one scoop of mashed potatoes with gravy and a 2/3 bowl of creamed corn. He has a glass of water, grape drink and 2 prepackaged chocolate cookies. E9, Certified Nurses Aide (CNA) assisted/fed him. He took slow bites with long periods of time in between. He did, at times, attempt to feed himself. He ate 100% of all food items except the potatoes which he ate 50% of. No second helpings were offered or encouraged.</p> <p>Interview with E5, Dietary Manager (DM) on 9/7/12 at 3pm insisted R3 did get double portions "just like everyone else at the table did" and that it just didn't look like double portions. E5 agreed that R3 is losing weight but added that he gets a sandwich at bedtime which the nurses come in to the kitchen and get. He provided a "Snack List" which included R3 "1 1/2 sandwich." R2 is one of R3's table mate and was observed to get single portions as well.</p> <p>Review of the Medication Administration Record</p>	F9999			

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F9999	<p>Continued From page 15</p> <p>(MAR) for September 2012 did not include documentation of R3's 2 Cal 120cc being given at all for the month as of 9/7/12. The MAR for August shows the 2 CAL 120cc being given beginning on 8/20/12 but no 2 Cal 60cc being given at all prior to 8/20/12.</p> <p>Registered Dietician (RD), E6, initial assessment on Admission dated 6/29/11 documents his weight as 193 pounds with his usual weight being 198 pounds. R3's height is 67 inches. The RD did not calculate ideal body weight. R3's Annual Assessment dated 6/1/12 identifies R3 to be eating 50-75%, on a Hi Calorie/Hi Protein portions/supplements added diet. The June Annual assessments reflect the double portions and 2 CAL 120cc TID (Three times daily.) An RD assessment dated 9/6/12 identifies his weight in June 2012 as 144 pounds with current weight on 8/12/12 as 137 pounds. Problems documented for nutritional problems include weight loss with constant pacing.</p> <p>Physician's Orders were reviewed to determine when the 2 CAL 120cc was ordered since it was reflected on the June 2012 RD note but not put on the MAR until 8/20/12. A WEIGHT CHANGE NOTIFICATION dated 4/20/12 identifies 2.0 Med Pass but includes no amount. A WEIGHT CHANGE NOTIFICATION dated 5/10/12 to R3's physician lists R3 to be getting 2 CAL 60cc at bedtime at that time. A Dietician's recommendation completed E6 RD dated 8/7/12 identifies the 10% weight loss in 6 months with recommendations to increase the 2 Cal to 120cc TID which wasn't added to the MAR until 8/20/12. The facility was unable to provide any documentation that showed R3 received any 2</p>	F9999			

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F9999	<p>Continued From page 16 Cal prior to 8/20/12.</p> <p>On 9/7/12 at 2:40pm, interview with E11, LPN, caring for R3 was unable to recall if R3 ever gets 2 CAL or not but stated if he did, it would definitely be documented on the MAR as that is the policy of the facility. E11 confirmed that it was not on the September MAR.</p> <p>Interview with E7, License Practical Nurse, on 9/7/12 indicates that she fills out the weight change sheets and faxes them to the physician. She was unsure as to why the 2 CAL wasn't on the August MAR or the Sept MAR and confirmed that the increase recommended on 8/7/12 wasn't implemented until 8/20/12. E7 was unable to explain why the RD's recommendation took 13 days to implement. E7 did acknowledge that the RD fills out her own sheets to fax to the physician which she thought the nurses faxed to him.</p> <p>On 9/11/12 at 1:50pm, E6 RD recalled R3 and stated she makes recommendations on a fax ready sheet to send directly to the physician and didn't know why the supplements and/or the increase recommended took 13 days to implement. In addition, she stated she did not routinely check the MARs to see if the recommendations are followed through on and that she assumes they are unless informed by the facility. E6 stated she prefers the 2 CAL over the health shakes because it is usually on the MAR and the nurses have to document giving it. She stated R3's not getting the 2 CAL as ordered along with double portions as ordered/recommended contributes to unplanned weight loss. E6 acknowledged that R3 has had a</p>	F9999			

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F9999	<p>Continued From page 17</p> <p>significant change since a fall in August where he is not as active with pacing and wandering and is more dependent on staff. E6 stated it is beneficial to the resident when dietary recommendations are followed.</p> <p>On 9/11/12 at 1:38pm, Z3, R3's Physician acknowledged that R3 has had a significant change in condition since a fall in August when he sustained a subdural hematoma which he identifies as a "significant issue for him that nutrition fits in too.". Z3 stated he is currently using a wheelchair more. Z3 stated he always agrees with the RD's recommendation and that he assumes the facility is following physician's orders for diets and supplements. Z3 states he concurs with the RD's recommendations for R3 and that not providing double portions and 2 CAL can attribute to weight loss if not given.</p> <p>On 9/11/12 at the breakfast meal, R3 was again served a regular portion breakfast which included oatmeal, and french toast.</p> <p>The care plan reviewed on 9/11/12 shows no reference to R3's significant weight loss but indicates he needs constant cues/encouragement to feed himself and complete his meals. The goal is to have no weight loss gaining 1-2 pounds by next review 9/19/12. Interventions include the double portions, 1/2 meat sandwich which was added 1/16/12 and no reference to the 2 CAL included.</p> <p>E2 Director of Nursing confirmed that the 2 CAL was not documented as given prior to 8/20/12 and that policy is that 2 CAL is always documented on the MAR since the nurses give it.</p>	F9999			

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F9999	<p>Continued From page 18</p> <p>E2 stated adding it to the September MAR was missed by the nurse that reviews it but was added on 9/7/12 after being notified of the omission. E2 acknowledged R3's weight loss and agreed that physician's orders need to be followed for double portions and supplements. E2 didn't know if E7, LPN, was responsible to send the RD's recommendations or if the nurses sent the RD's fax ready recommendations and couldn't determine why it took 13 days to implement R3's increase in 2 CAL or why it wasn't documented before that time.</p> <p>E2 also confirmed that R3 has had a significant change since his fall which includes pacing/wandering less and is spending more time in the wheelchair.</p> <p>On 9/7/12 at 10:15am, Z1, R3's family member stated that R3 has loss a tremendous amount of weight since his admission to the facility in June 2011. She stated she thought he wasn't getting enough food to meet his needs because up until a few weeks prior, he was continually wandering and pacing. Z1 identified his normal weight as 200 pounds. Z1 also stated R3 is not feeding himself as much anymore and is more dependent on staff. Z1 is concerned about him not getting enough food and that staff are not taking time to feed him.</p> <p>2. The MDS dated 7/27/12 identifies that R2 requires set up/supervision for eating and that he is 68 inches tall and weighs 125 pounds. The RD Initial Assessment dated 9/12/11 indicates R2's weight on admission was 146 pounds, showing a gradual loss of 21 pounds. September 2012 POS documents diet orders as mechanical soft with ground meat, thin liquids and "may have double</p>	F9999			

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F9999	<p>Continued From page 19</p> <p>portions as meat times." The DM notes dated 8/2/12 document R2 "current receiving a mech (mechanical) soft double portions at meals." The care plan dated 8/1/12 fails to identify R2's gradual loss but does include a goal to maintain adequate nutrition without a significant weight loss. Interventions include serve diet as ordered, supervise eating, among others.</p> <p>On 9/7/12 at 1:05pm, R2 was served a single portion meal in a divided plate. He had one scoop of potatoes with gravy, a small bowl of creamed corn and a pureed meat portion. R2 ate his meal in less than 6 minutes scooping large portions as staff cued him to take smaller bites. Once finished, he left the dining room ambulating independently. Within a few minutes, he returned to his seat, looked at his plate, looked at others then left the dining room again. He did this several times until staff was asked if he was still hungry. E9, CNA, stated this was routine behavior for him and that at times, he will take food from others plates. Asked if he was still hungry, E9 stated she didn't know and asked him. He shook his head "yes". An additional plate was provided of a full meal and he ate 100% of the second portion. Double portions were not provided at first.</p> <p>Interview with the RD, E6, at 1:55pm on 9/11/12 indicates she may have to word the order to give double portions instead of "may have" if staff are not offering them when appropriate.</p> <p>Z3, MD, stated at 1:38pm on 9/11/12 that he felt the residents needed the RD's recommendation and the facility should provide them accordingly.</p>	F9999			

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